

## Carer training schedule (example)

### Monday:

- 9.00 Welcome to Corinium Care from Managing Director Camilla Miles
- 9.30 Interviews/recruitment paperwork/funding forms, etc, coffee break
- 11.30 Practical aspects of being a carer, including handover, expenses
- 12.30 Lunch
- 1.00 First Aid training
- 5.00 Close

### Tuesday:

- 9.00 Role of being a carer, confidentiality, housekeeping, dignity and the rights of the client.
- 11.30 Record keeping to include scenarios from the morning session.
- 12.30 Lunch
- 1.30 Moving and handling theory, introduction to basic manual handling techniques
- 3.45 Tea break
- 4.00 The importance of communication

### Wednesday:

- 9.00 Dementia session, including coffee break
- 11.30 Video and discussion
- 11.45 Dementia scenarios/workshop
- 12.30 Lunch
- 1.30 Moving and handling techniques, personal care
- 3.30 Tea break (Bookings team collect rotas)
- 4.00 Moving and handling, personal care, practical sessions

### Thursday:

- 9.00 Medication guidelines including test
- 11.00 Tea break
- 11.15 Personal care theory to include strokes, diabetes, continence, pressure sore care and infection control.
- 1.00 Lunch
- 2.00 Hoisting a client and personal care in and around the bed
- 3.30 Tea break
- 3.45 Continuation of hoisting and personal care in and around the bed

### Friday:

- 8.45 Collection of PC questionnaire, agreements and signing of training records
- 9.00 Recognition and response to client abuse.
- 10.30 Coffee break
- 10.45 Palliative care, death and dying
- 11.45 Final workshop including some M&H scenarios.
- 1.00 Lunch
- 1.30 Housekeeping tips
- 2.00 Final questions
- 2.45 Individual round-ups